

## **PRESIDENT'S MESSAGE/NEWSLETTER FOR MAY 2023 – 44<sup>th</sup> ANNIVERSARY**

**Dear Brother Members:**

**We lost a member and a great friend and worker, John Conway, Burlington, April 2. John was in charge of Bowling, Scholarship and election committees. We also lost Vinnie DiClemente, March 2, Medford. Our deepest condolences to their families.**

**Regular meetings are held on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of each month at 9:30am.**

**Thanks to the members/families who made donations to the Club. Special thanks to the Hayward Family who donated \$5000 for scholarships in Memory of Bill Hayward. Bill was Chairman of the Scholarship Committee for many years. The monies will be invested such that we will try to set up a perpetual fund for scholarships for many years in Bill's memory. This year we will be offering 2 - \$1000 scholarships in 2023, The Donahue Family Scholarship and the Singing Grandpops Scholarship. Applications are available on website and have been emailed to members. Deadline is June 30 2023. Send in a copy to Peter Galluzzo, RMCA Scholarship, PO Box, 195, Arlington, MA 02476-0002.**

**PROGRAMS/GUEST SPEAKERS:** Featured **guest speakers** include:

May 10 Sandra Butra "Life Transition Binder"

May 24 Alan Hoffman ' Lafayette in America"

**Health and Welfare:** Complete list of those members who are ill has been compiled by Tony Dello Russo and emailed to the membership. Please contact them and bring a little cheer into their lives. I am sad to announce that Tony will take a leave of absence from this task until his wife Toddy's medical situation improves. Hence, we need a replacement for Tony in the interim.

**Nino DiAnni; 196 School Street; Framingham, MA 01701; (508) 877-5234**

I spoke with Nino on Monday. He completed 6 weeks undergoing radiation treatments February 15<sup>th</sup>. He then was given a recuperation period. Wednesday, he begins another 5 days round of radiation Nino is battling cancer but feels good and he wanted all to know that he kept his hair. His tumors had shrunk by 30%. Nino also had a defibrillator implant which was successful. He is a long-time RMCA member who is well known and faithfully attends our meetings. Give him a call. You will enjoy it as much as Nino does.

**Joe Puccio; Care One Rehab; 750 Woburn Street; Wilmington, MA 01887; (978) 988-0888**

Joe was released from Winchester Hospital after being treated for pneumonia. He is currently at Care One rehab to build his strength back to an acceptable level. I visited him on Friday. To say the least Joe is very unhappy. He believes that he should be home and his daughters should care for him. Of course, that is not advisable. So please send him a card to cheer him up to let know that the RMCA remembers him.

**Bob Hunter; Longmeadow Place; 42 Burlington Road; Burlington, MA 01803; (857) 999-2620**

I unsuccessfully tried to reach Bob yesterday. I left a message with his daughter, Mary. His family is very happy with his treatment at Longmeadow Place. He participates in some of the activities. He gets around mostly in a wheelchair. Bob is doing very well in his new surroundings. Please send him a card.

**John Pellegrino; Blair House; 10 Elin Terrace; Tewksbury, MA 01876; (781) 698-1385**

I spoke with John on Tuesday and just as I expected he was sitting in the sun enjoying the outdoors. John does his PT exercises on his own every day. He has accepted that Blair House will be “home”. He now is using the facilities more. He uses a walker and a wheelchair to get around. His pastime is doing those “find-the-word” puzzles. He is anxiously awaiting the springtime so that he can get out enjoying the grounds. He does miss his being home. It would really please John if his poker buddies gave him a call.

**Alex Armenio; Sunrise Assisted Living; 1395 Mass. Ave; Arlington, MA 02476; (781) 646-4769**

I called Alex Tuesday. He had just come home from a doctor’s visit. It seems that his hearing was faulty but after he had the wax removed at the doctor’s his hearing was fine. His back pain is much better. His primary complaint was that he is seeing too many doctors. Alex is doing ok and has adjusted to assisted living. So, if you are so moved, please contact him.

**Shaun O’Halloran; 7 Eliot Road; Arlington, MA 02474; (781) 646-9016**

I called Shaun Tuesday and left a message. Since I last talked to him, he was battling a foot infection which was treated during a short hospitalization. Shaun’s medication problem has been resolved and the new medication helps. He still suffers from vertigo and uses a walker. He takes real care to avoid falling. Shaun was a cheerful poker player with a hearty laugh. He would truly enjoy hearing from his poker buddies.

**Bob Carsasitti; 187 Scituate Street; Arlington, MA 02476; (781) 648-5284**

I called Bob and Barbara Tuesday. Bob is doing ok, but still battles shortness of breath whenever he does anything that is mildly strenuous. In fact, when he talks a lot, he loses his breath. His wife, Barbara, is dealing with being tired causing her to space her chores. Bob and Barbara have a new great-grandchild and are anxiously awaiting another one scheduled for next week. Both of them have good and bad days with afib but are able to control it. Both he and Barbara are part of the doctor’s visits club. He wants to say hello to all the members whose friendship he enjoyed. If you know Bob, give him a call, and say hello.

**George Cox; 63 Benjamin Road; Belmont, MA; (617) 489 7179**

I talked to George on Tuesday. George is suffering from AFIB. He is being treated for excess fluids to relieve some of his cardiac problems. He manages to get up and around. Please call him and let him know that the 50-50 raffle is not the same without him.

**Jack Britt; 33 Independence Drive; Woburn, MA 01801; (781) 933-6791**

I received an email reply from Judy Britt (Jack’s wife). Jack was diagnosed with pancreatic cancer in January and is currently undergoing treatment for this condition. She asked that we keep Jack in our prayers. Send him a card or call him to let him know we are thinking of him.

**Larry Martin; Stonebridge; 50 Greenleaf Way; Burlington, MA 01803; (781) 552-8641**

I called Larry just to check on him. He is getting adjusted to being a widow. He was just leaving to go to the “PUB” where a pleasant gathering of residents was scheduled. Since he is one of the few newly widowed residents, he finds that he is being flattered by the widowed ladies. Larry is 94 and enjoys the attention (from a safe distance). He joins other residents in the activities. He asked me to ask all RMCA members to keep him in their thoughts.

**Pat Oppedisano; 5 Farmer Circle; Arlington, MA, 02474; (781) 643-5986**

I called Pat yesterday. I always call him last as my cheer me up call. I am always impressed by Pat's ability to deal with the trials that come with aging. Pat, who is 94, operates in the "one-day-at a time" mode. Pat exercises every day. He spends part of his day trading pieces of his portfolio. He still drives and gets around with a walker. He misses his times with the Singing Grandpops. A call from his Grand Pops buddies will not only please him but you will enjoy a pleasant lively chat.

If any of you know these members, take time to call them. You will pleasantly be surprised at how they appreciate your thoughtfulness in calling. Also, if you are aware of an RMCA member who is ill or disabled or just might like a call, please contact me so I can assure him that the RMCA Membership cares. Contact Tony Dello Russo at: (H) 781-396-5538 or © 781-572-1987

**Chateau Charity Fundraiser** the Next Fundraiser will be held on Thursday July 27 at the Chateau Restaurant, School St. Waltham. Thanks to the members who participated in the program or made donations. Thanks to Phil Ste. Marie for running the program.

**Bowling** - Bowling ended on April 14 with a roll off and an awards brunch on April 21.

Congratulations to first place finishers: Felix Costanza, John Vieira, Joe Greeley, Bill McCarty. High bowling average winner was Tom Cordima, High Individual Single was Peter Galluzzo, High Triple series was Dan Robichaud. NOTE: THERE IS NO SUMMER BOWLING. New bowlers are more than welcome to join in September, even as a substitute, and have some fun and meet with your brother members. The league is a fully handicap league so it does not matter what your average is. Bowling starts at 9am Fridays. Bowling dues are \$18 per week. So come on down to Woburn Bowladrome. With John Conway's passing, the new Bowling chairman will be Tony Masci with Felix Costanza assisting and John Vieira handling the Treasury functions. See you on September 8.

**Golf:** Thanks to Tony Dello Russo, Mike Comer, and the Venerable Joe Puccio for running the program. Applications are available for the new season. Dues are \$65 with greens fees \$20. Golf will begin May 2 at the Reedy Meadows Golf Course in Lynnfield.

**Cribbage:** A tournament is underway. Brush up your skills by coming down and play. Dues are \$8.00 per week. Note that women are allowed to play. They do not have to be related to Club members. Great prizes to all that participate. Contact John Boudreau to join and play.

**Singing Grandpops** are still in need of singers (you really do not need singing ability) to join the Singing Grandpops. Contact Ray Carmichael, Jim Whalen or Tom Woodbury. The Grandpops are the ambassadors of the Club bringing joy and happiness wherever they go. You will enjoy this special activity.

**Grandpop's Schedule is as follows:**

May 3, 2023,	Bright View, Arlington.	Show Time @ 2:00pm.
May 17, 2023,	Neville Place, Cambridge.	Show Time @ 2:00 pm
May 25, 2023,	Residence at Freeman Lake N. Chelmsford,	Show Time @ 1:30 pm.

**Planned trips:** We need a chairman to lead the trip committee group for 2023. Please contact Peter Galluzzo if you're interested in leading this Club activity. A list of the trips are at the end of this Newsletter. If you have a trip in mind, please email me at [pjgtaxes@yahoo.com](mailto:pjgtaxes@yahoo.com).

### RMCA CONSOLIDATED TRIPS FOR 2023

<u>DATE</u>	<u>TRIP DISCRIPTION/VENDOR</u>	<u>RMCA \$</u>
May 1-4	ATLANTIC CITY TROPICANA NORTH TOWER LANDSMARK. \$30.00 / SLOT \$75.00 MEALS.	\$465.00 ppdo / \$550 sgl
May 23	BEGEES DAVENPORT / LUNCHEON BEST OF TIMES.	\$130.00
JUNE 5-8	NIAGRAFALLS CANADA, / 6 MEALS SIDE TRIPS PASSPORT/REAL-ID REQUIRED	\$925.00 ppdo
JUNE 20	LAKE SUNAPEE CRUISE / LUNCHEON LANDMARK.	\$115.00
JULY 11	THIMBLE ISLAND CRUISE / LUNCHEON LANDMARK.	\$125.00
AUG. 8	CORVETTES / FORSTERS / LOBSTER LUNCHEON BEST OF TIMES.	\$130.00
SEPT. 7	NEIL DIAMOND AND FRIENDS / MEAL CASTLETON CTR., WINDOM N.H. BEST OF TIMES.	\$120.00
SEPT. 18 – 20	ATLANTIC CITY TROPICANA NORTH TOWER LANDSMARK. \$30.00 / SLOT \$75.00 MEALS.	\$495.00 ppdo
NOV. 1	COVERED BRIDGES / LUNCHEON LANDMARK.	\$110.00
OCT. 26	CAPTAIN JACK / LOBSTER / PRIME RIB / FOXWOOD FOXY.	\$125.00

NOV. 15	NEWPOERT PLAYHOUSE / BUFFET / CABARET FOXY.	\$150.00
DEC. 7	COUNTRY MERRY CHRISTMAS DAVENPORT YC. BEST OF TIMES.	\$130.00
DEC. 14	SALEM CROSS / MGM/ BRIGHT LIGHTS. FOXY.	\$120.00

### **DUES ARE DUE!!**

Again, one of our goals is to increase our **membership**. Dues renewal letters for 2022-23 have been issued. Dues will remain at \$35. 1000 RMCA brochures will be distributed to members to reach out to your friends, relatives, neighbors etc. If each of you brings in one new member, we can double our membership. As a result of the pandemic, many workers have decided to retire and they are looking for something to do. If you know one, then sign them up as a new member and if they don't like what we offer then they do not have to pay or if they do pay their dues, they can ask for a refund. Attached in this newsletter and on our website is a membership card, so cut it out and give to your neighbor, relative, friend and meet and make new friends. Note that they do not have to be retired or from Arlington. Also, note that the membership application now contains a contact name and phone number in case of an emergency.

### **Miscellaneous:**

**Get involved! You only get out of it what you put into it. Do nothing, get nothing.**

**REMINDER:** When entering the hall between 9 -9:30, please use the rear entrance and not the side entrance to the Church, as there is a daily Mass going on.

### **ESTATE PLANNING:**

**Please note that the Club is a 501(C)(3) charitable tax-exempt organization so any donations to the Club are tax deductible on your tax return. The exemption certificate is posted on our website. New from the IRS is that you can take a distribution from your IRA as part of your Minimum Required Distribution and donate it to the Club and it will NOT be included in your taxable income. Please think about this option in your estate planning. Another suggestion is a donor advised fund where contributions are fully deductible and are distributed to your favorite charities.**

**See you soon at a meeting!**

**Peter Galluzzo, RMCA President**

### **RMCA OFFICERS 2022 - 2024**

OFFICER/COMM.	CURRENT HOLDER	PHONE
PRESIDENT	PETER GALLUZZO	781-646-7758
VICE PRESIDENT	PHIL STE. MARIE	781-894-6157
TREASURER	JOHN VIEIRA	781-249-0769
SECRETARY	TOM CORDIMA	781-325-3255
MEMBERSHIP	JOE DIBACCO	978-486-4395
ASST. TREASURER	JOHN BOUDREAU	781-858-3159
ASST. SECRETARY	JIM WHALEN	781-365-1784
ASST. MEMBERSHIP	CONNIE MURPHY	781-3961979

### **RMCA MEMBERSHIP APPLICATION**

January 1,2023 thru December 31,2023    DUES \$35.00    Renewal\_\_\_\_\_

Information\_\_\_\_\_

New \_\_\_\_\_

Name:\_\_\_\_\_MI\_\_\_\_\_

Address:\_\_\_\_\_

City: \_\_\_\_\_State\_\_\_\_\_Zip\_\_\_\_\_

Email Address:\_\_\_\_\_

Telephone:\_\_\_\_\_

Emergency Contact:\_\_\_\_\_Phone\_\_\_\_\_

Cash Amount\_\_\_\_\_ Check # .\_\_\_\_\_ \$\_\_\_\_\_

Please mail application along with payment made to: **RMCA**  
Mail to: **John Vieira, RMCA, P.O. Box 195, Arlington, MA 02476-0002**

