

PRESIDENT'S MESSAGE/NEWSLETTER FOR FEBRUARY 2023 – 44th ANNIVERSARY

Dear Brother Members:

We lost members Tom Analetto, 1/19, Medford; John Lahiff, 1/11, Lexington; Anthony Papagni, 1/9, Arlington, George Hickey 1/1, Melrose, Thomas Miller 1/23, Arlington. Our deepest condolences to their families.

REGULAR MEETINGS are held on the 2nd and 4th Wednesdays of each month at 9:30am.

Thanks to the members/families who made donations to the Club. The donations will be used to fund our scholarships and charities. We will be offering 2 - \$1000 scholarships in 2023.

PROGRAMS/GUEST SPEAKERS: Featured **guest speakers** include:

| Date | Name | Title |
|----------|---------------------|-----------------------|
| 01/11/23 | Mark Thompson | Sicily See Remarks => |
| 01/25/23 | John Sheff | Fetching Mars |
| 02/08/23 | FBI Sheila R Magoon | Senior Fraud |
| 02/22/23 | Henry Quinlan | The Ukraine Part 2 |
| 03/08/23 | Dan LeClerc | Guns of Aug |

Health and Welfare:

Bob Hunter; 9 Harrington Rd; Sancta Maria; 799 Concord Ave; Cambridge, MA 02138; (857) 999-2620 I called Bob on his direct line – No Answer. So I called Bob's daughter, Mary and left a message to find out what's going on with him. My last conversation with her informed me that Bob still experiences difficulty with his left side due to his stroke. Bob uses a walker to get around the facility. Bob is doing reasonably well. Those of us, who knew Bob as one of RMCA's loyal members, can cheer him up by calling him. I have posted the number to reach him directly...

John Pellegrino; Blair House; 10 Elin Terrace; Tewksbury, MA 01876; (781) 698-1385 I called John yesterday. He had just been cleared to leave his room after being quarantined 10 days for a bout with Covid. He coped with isolation by working on puzzles and exercising. John has always been an active disciplined man which served him well during the isolation. He was definitely relieved to get back to cruising the hallways and chatting with other residents. He really misses home but John has decided to

remain at Blair House rather than the VA. He anticipates that it will be his permanent "home". . He misses his friends from the poker table. It would really please John if his poker buddies give him a call. .

Alex Armenio; Sunrise Assisted Living; 1395 Massachusetts Ave; Arlington, MA 02476; (781) 646-4769 I was unable to get past his phones busy signal to leave a message. The last time we talked, Alex was doing ok and was adjusting to assisted living. Except that Maria's cooking is not in his diet, His severe back pain has subsided. He only has an old friend knee pain which is tolerable. I really know that Alex would appreciate a call or a card. So, if you are so moved please contact him

Shaun O'Halloran; 7 Eliot Road; Arlington, MA 02474; (781) 646-9016 I called Shaun yesterday. I left a message. He was passing out. On my last call, the cause had not been determined. Shaun uses a walker. He still has a severe case of vertigo which all but eliminates his full mobility. He has fallen often as a result. Shaun is an avid RMCA poker player He would really enjoy hearing from his poker buddies.

Bob Carsasitti`; 187 Scituate Street; Arlington, MA 92476; (781) 648-5284 Once more, I was in the "Leave-A-Message" situation. Bob and Barbara always impressed me with their "even keel" attitude. Both of them have good and bad days with afib but are able to control it. He has some difficulty breathing after 10 minutes activity. Both he and Barbara are part of the doctor's visits club. He wants to say hello to all the members whose friendship he enjoyed. If you know Bob, give him a call and say hello.

Dick Shaugnessy; 57 Seminole Ave.; Waltham, MA 02451; (781) 894-2076 I talked to Dick Monday, I learned his struggles. First he suffered a heart attack, had a stroke, was on a respirator and had difficulty speaking and was in and out of the hospital for more than 10 weeks Dick returned home some 50 pounds lighter due to his battles. He is on the slow difficult return to health. Dick was one of RMCA's loyal poker players. So all of you card dealers who know him please call him he needs some TLC SICK & VISITATION.

Larry Martin; Stonebridge; 50 Greenleaf Way; Burlington, MA 01803; (781) 552-8641 I called Larry just to check on him. His wife, Miriam, passed away last week but all of his five children and most of their mates got together with Larry and developed the complete burial Mass service. The fact that all his family came to his aid and worked together to get all the funeral details gave Larry much comfort. He asked me to ask all RMCA members say a prayer for Miriam and keep him in our thoughts.

Pat Oppedisano; 5 Farmer Circle; Arlington, MA, 02474; (781) 643-5986 I called Pat yesterday. I always call him last as my cheer me up call. He is undergoing various tests to determine the cause of fluid in his legs and feet. I am always impressed by Pat's ability to deal with the trials that come with aging. Pat operates in the "one-day-at a time" mode. Pat exercises every day, gets around with a walker and still drives. He misses his times with the Singing Grandpops. A call from his Grand Pops buddies will not only please him but you will enjoy a pleasant lively chat. If any of you know these members, take time to call them. You will pleasantly be surprised at how they appreciate your thoughtfulness in calling.

Also, if you are aware of an RMCA member who is ill or disabled or just might like a call, please contact me so I can assure him that the RMCA Membership cares. Contact Tony Dello Russo at: (H) 781-396-5538 or © 781-572-1987

Chateau Charity Fundraiser The Fundraiser was held Jan. 26 at the Chateau Restaurant, School St. Waltham. Thanks to the members who participated in the program or made donations. Proceeds will be used for our scholarships and charities. Thanks to Phil Ste. Marie for running the program.

We made \$209.33/\$187.54 at the Chateau Thursday 1/26/2023. Thanks to all that participated.

Bowling season underway. New bowlers are more than welcome to join, even as a substitute, and have some fun and meet with your brother members. The league is a fully handicap league so it does not matter what your average is. Bowling starts at 9am Fridays. Bowling dues are \$18 per week. So come on down to Woburn Bowladrome. If you are a current bowler and will not be coming back to bowl in Sept. please contact John. Contact John Conway, 781-272-5527 for further information.

Golf: Thanks to Tony Dello Russo, Mike Comer and the Venerable Joe Puccio for running the program. Details for 2023 season will be coming shortly. See you on the links in May.

Cribbage tournament underway. Brush up your skills by coming down and play. Dues are \$8.00 per week. Note that women are allowed to play. They do not have to be related to Club members. Great prizes to all that participate.

Singing Grandpops' are still in need of singers (you really do not need singing ability) to join the Singing Grandpops. Contact Ray Carmichael, Jim Whalen or Tom Woodbury. The Grandpops are the ambassadors of the Club bringing joy and happiness wherever they go. You will enjoy this special activity.

Grandpop's February Schedule is as follows:

| LOCATION | DATE | SHOW TIME |
|-------------------------|--------------|------------|
| RUSSELL HOUSE ARLINGTON | FEB. 16,2023 | 2 P.M. |
| BRIGHT VIEW ARLINGTON | FEB. 22,2023 | 2 P.M. |
| STOUGHTON C.O.A. | FEB.23, 2023 | 12.30 P.M. |

Planned trips: We need a chairman to lead the trip committee group for 2023. Please contact Peter Galluzzo if you're interested in leading this Club activity. A list of the trips are at the end of this Newsletter. If you have a trip in mind, please email me at pjgtaxes@yahoo.com

RMCA CONSOLIDATED TRIPS FOR 2023 01/20/23

| DATE | TRIP DESCRIPTION/VENDOR | RMCA \$ |
|--------|--|---------|
| 9-Mar | ST. PATRICKS EMMET CAHILL DAVENPORT | \$125 |
| 11-Apr | MOHEGAN SUN/GEORGES GALLILEE LOBSTER/PRIME RIB LANDMARK | \$125 |

| | | |
|----------------------------|--|----------------------------|
| MAY 1-5 | ATLANTIC CITY TROPICANA NORTH TOWER FOXY \$30 SLOT \$75 MEALS | \$500 ppdo \$720 SGL |
| 23-May | BEEGEES DAVENPORT LUNCHEON BEST OF TIMES | \$130 |
| JUN 26-29 | NIAGARA FALLS US \$70 SLOT + MEAL FOXY | \$700 |
| 20-Jun | LAKE SUNAPEE CRUISE + LUNCHEON LANDMARK | \$115 |
| 11-Jul | THISTLE ISLAND CRUISE LUNCHEON LANDMARK | \$110 |
| 8-Aug | CORVETTES FOSTERS LOBSTER LUNCHEON BEST OF TIMES | \$130 |
| 7-Sep | NEIL DIAMOND AND FRIENDS & MEAL CASTLETON CTR WINDHAM NH BEST OF TIMES | \$120 |
| SEPT 18-21 | ATLANTIC CITY TROPICAN NORTH TOWER \$30 SLOT \$75 MEALS FOXY | \$530 |
| 12-Oct OR 10/17/2023 | COVERED BRIDGES AND LUNCHEON LANDMARK | <u>\$100</u> |
| 26-Oct | CAPTAIN JACK LOBSTER/PRIME RIB FOXWOOD?? FOXY | TBA |
| 15-Nov | NEWPORT PLAYHOUSE?? FOXY/LANDMARK | TBA |
| 6-Dec | COUNTRY MERRY CHRISTMAS DAVENPORT YC BEST OF TIMES | \$130 |
| DEC. 14 | SALEM CROSS/MGM/BRIGHT LIGHTS FOXY | \$120 |

DUES ARE DUE!!

Again, one of our goals is to increase our **membership**. Dues renewal letters for 2022-23 have been issued. Dues will remain at \$35. I have 1000 RMCA brochures that will be distributed to members to reach out to your friends, relatives, neighbors etc. If each of you brings in one new member, we can double our membership. As a result of the pandemic, many workers have decided to retire and they are looking for something to do. If you know one, then sign them up as a new member and if they don't like what we offer then they do not have to pay or if they do pay their dues, they can ask for a refund. Attached in this newsletter and on our website is a membership card, so cut it out and give to your neighbor, relative, friend and meet and make new friends. Note that they do not have to be retired or from Arlington. Also, note that the membership application now contains a contact name and phone number in case of an emergency.

Miscellaneous:

Get involved! You only get out of it what you put into it. Do nothing, get nothing.

RMCA Shirts: some members inquired about shirts. We will take orders. We need minimum of 24 orders. Please provide John Conway or me with your name, phone number and shirt size. Cost of the shirts will be \$20 with \$2 going to St. Jude. The Club will match the \$2 for each shirt sold. They will be black in color with RMCA embroidered in silver on the left chest.

REMINDER: When entering the hall between 9 -9:30, please use rear entrance and not the side entrance to the Church, as there is a daily Mass going on.

ESTATE PLANNING:

Please note that the Club is a 501(C)(3) charitable tax exempt organization so any donations to the Club are tax deductible on your tax return. The exemption certificate is posted on our website. New from the IRS is that you can take a distribution from your IRA as part of your Minimum Required Distribution and donate it to the Club and it will NOT be included in your taxable income. Please think about this option in your estate planning. Another suggestion is a donor advised fund where contributions are fully deductible and are distributed to your favorite charities.

See you soon at a meeting!

Peter Galluzzo, RMCA President

RMCA OFFICERS 2022 – 2024

| OFFICER/COMM. | CURRENT HOLDER | PHONE |
|------------------|-----------------|--------------|
| PRESIDENT | PETER GALLUZZO | 781-646-7758 |
| VICE PRESIDENT | PHIL STE. MARIE | 781-894-6157 |
| TREASURER | JOHN VIEIRA | 781-249-0769 |
| SECRETARY | TOM CORDIMA | 781-325-3255 |
| MEMBERSHIP | JOE DIBACCO | 978-486-4395 |
| ASST. TREASURER | JOHN BOUDREAU | 781-858-3159 |
| ASST. SECRETARY | JIM WHALEN | 781-365-1784 |
| ASST. MEMBERSHIP | CONNIE MURPHY | 781-3961979 |

RMCA MEMBERSHIP APPLICATION

January 1, 2023 thru December 31, 2023 DUES \$35.00 Renewal____
Information____
New ____

Name: _____ MI _____

Address: _____

City: _____ State _____ Zip _____

Email Address: _____

Telephone: _____

Emergency Contact: _____ Phone _____

Cash Amount _____ Check # . _____ \$ _____

Please mail application along with payment made to: **RMCA**
Mail to: **John Vieira, RMCA, P.O. Box 195, Arlington, MA 02476-0002**

