

PRESIDENT'S MESSAGE/NEWSLETTER FOR DECEMBER 2022 – 43<sup>rd</sup> ANNIVERSARY

Dear Brother Members:

**We lost members Matthew Sullivan, 9/13, Cambridge; Franco DiFusco, 11/4, Somerville, Joseph Puccio, Jr. 11/25, Wakefield, and Anthony Aiello, 11/27. Our deepest condolences to their families. The Memorial Mass was held on Nov. 8. 42 members passed during the past year. Thanks to the members who helped set up the Hall and to Phil Ste. Marie, Chairman, John Bodreau for compiling the names for the Mass.**

**Regular meetings are held on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of each month in 2022 at 10 am.**

**Christmas Party Dec. 14 tickets are now available at Cribbage, Bowling, and General Meetings. Tickets are \$10 for a catered meal from Henry's Catering. CUTOFF DATE DEC. 6. NO TICKETS SOLD AT THE DOOR! If you can't get them from the above, then call or email Peter Galluzzo and he will add you to the list, [pjgtaxes@yahoo.com](mailto:pjgtaxes@yahoo.com) or 781-646-7758.**

**Special thanks to Tony Masci who has been appointed as our Website Manager. He has updated our site at [rmcarlington.org](http://rmcarlington.org) and has developed a Facebook page for us. Check them out. Also, Joe Clarke has been appointed Publicity Director for the Club. Please forward any newsworthy articles to Joe for publication in the Newsletters and local newspapers. Dan Robichaud and John Conway have joined the Trip Committee. Thanks guys for stepping up to the plate and help reduce our workload.**

**Thanks to the members/families who helped deliver over 100 meals to seniors on Thanksgiving Day and to the members who helped set up the Hall for the Memorial Mass collation on Nov 8.**

**PROGRAMS/GUEST SPEAKERS: No speaker 12/14 for the Christmas Party, No Meeting 12/28.**

**Health and Welfare SICK & VISITATION – November 22, 2022**

**Bob Hunter;** 9 Harrington Rd; Sancta Maria; 799 Concord Ave; Cambridge, MA 02138; (857) 999-2620 I called Bob on his direct line – No Answer. So, I called Bob's daughter, Mary to find out what's going on with him. She said that he's still on a restricted diet and still experiences difficulty with his left side due to his stroke. Bob uses a walker to get around the facility. Mary she was just leaving to go see him, so I asked her to remind him that he is remembered by his friends at RMCA. So, I would like all the members that know him to give him a call. I have posted the number to reach him directly.

**John P Pellegrino;** Blair House; 10 Elin Terrace; Tewksbury, MA 01876; (781) 698-1885 I talked to John yesterday. He had two pieces of good news. First, he is getting out on Thursday to spend Thanksgiving with his family. Next Bob and the Pellegrino family have determined that he would be better cared for at the Blair House so that he will stay there... He uses a walker and a wheelchair to get around. He recently completed physical therapy, but he exercises every day by walking around the facility. He exercises his arthritic hands and applies lidocaine skin cream every day. It seems to have improved his condition and the pain has subsided. He can feed himself, 90% dress himself and get in and out of bed with assistance. He does miss his being home. It would please John if his poker buddies give him a call.

**Bob Carsasitti**; 187 Scituate Street; Arlington, MA 02476; (781) 648-5284 I had a pleasant chat with Bob and Barbara on Tuesday. They are always upbeat and are looking forward to spending Thanksgiving with the family at his son's house with most of the Carasitti clan there. He has good and bad days with a fib but can control it. He has some difficulty breathing after 10 minutes activity. Both he and Barbara are part of the doctor's visits club. He wants to say hello to all the members whose friendship he enjoyed. If you know Bob, give him a call, and say hello.

**Alex Armenio**; 53 Churchill Avenue; Arlington, MA 02476; (781) 646-4769 I called Alex yesterday. His back pain has lessened and is tolerable. He is using a prescribed sleeping aid to deal with his inability to have restful sleep. He has progressed to the point of being able to walk about a few feet with a cane. He is extremely careful to avoid falling. His wife, Maria, is in the hospital and he is unable to visit her due to Covid. He and his wife are seriously looking to move to assisted living at Sunrise in Arlington. If you're a friend of Alex, send a card to his home. He really perks up when he gets a phone call.

**Shaun O'Halloran**; 7 Eliot Road; Arlington, MA 02474; (781) 646-9016 I called Shaun yesterday. He has recently experienced passing out. This resulted in a SCAT Scan. Presently the cause has not been determined. Shaun uses a walker. He still has a severe case of vertigo which all but eliminates his full mobility. He has fallen often as a result. Shaun is an avid RMCA poker player. He would really enjoy hearing from his poker buddies.

**Joe Puccio**; 6 Fellsmere Ave; Wakefield, MA 01880; (781) 245-1490 I visited Joe yesterday. He is homebound and always appreciates visitors. Joe is 96 years old and has the normal aches and pains for a person of his age. His health is good. Joe was one of the active stalwarts of RMCA. He held several positions and was "COMMISSIONER" and founder of the RMCA Golf League. He would relish hearing from his friends. So, if you are willing to hear his many tales, give him a call. SICK & VISITATION – November 22, 2022, Larry Martin; Stonebridge; 50 Greenleaf Way; Burlington, MA 01803; (781) 552-8641 I called Larry just to check on him and left a message. He is doing ok but is under some stress. His wife, Miriam, has been diagnosed with a severe case of Alzheimer's. Larry visits her two to three times each week. Larry is having a very difficult time dealing with it. He asked me to ask all RMCA members to keep them in their mind and prayers.

**Pat Oppedisano**; 5 Farmer Circle; Arlington, MA, 02474; (781) 643-5986 I called Pat yesterday. I always call him last as my cheer me up call. He and his family are spending Thanksgiving at Pat's house. They are wisely having a complete Thanksgiving dinner delivered. He is operating in the "oneday-at a time" mode. Pat exercises every day, gets around easily and still drives. He really misses his time with the Singing Grandpops. A phone call from any of his "Grand Pops" buddies would not only make Pat appreciative but will provide you with a pleasant chat. If any of you know these members, take time to call them. You will pleasantly be surprised at how they appreciate your thoughtfulness in calling.

Also, if you are aware of an RMCA member who is ill or disabled or just might like a call, please contact me so I can assure him that the RMCA Membership cares. Contact Tony Dello Russo at: (H) 781-396-5538 or © 781-572-1987

**Chateau Charity Fundraiser** the Fall Fundraiser was held Oct. 27. Thanks to the members who participated in the program or made donations. Proceeds were used for Thanksgiving dinners to seniors. Thanks to Phil Ste. Marie for running the program. Next Fundraiser will be Jan. 26, 2023.

**Bowling season underway.** New bowlers are more than welcome to join, even as a substitute, and have some fun and meet with your brother members. The league is a fully handicap league, so it does not matter what your average is. Bowling starts at 9am Fridays. Bowling dues are \$18 per week. So come on down to Woburn Bowladrome. If you are a current bowler and will not be coming back to bowl in Sept. please contact John. Contact John Conway, 781-272-5527 for further information. On Nov. 18, we had a high over-average roll off. Winners Tier1: Joe Greeley, Dan Robichaud, Frank Hewitt Tier 2: Joe Battinelli, George Fowle, Rich Fennelly.

**Golf:** Thanks to Tony Dello Russo, Mike Comer, and the Venerable Joe Puccio for running the program. See you on the links in May.

**Cribbage:** tournament underway. Brush up your skills by coming down and play. Dues are \$8.00 per week. Note that women are allowed to play. They do not have to be related to Club members. Great prizes to all that participate.

**The Singing Grandpops** are still in need of singers (you really do not need singing ability) to join the Singing Grandpops. Contact Ray Carmichael, Jim Whalen, or Tom Woodbury. The Grandpops are the ambassadors of the Club bringing joy and happiness wherever they go. You will enjoy this special activity.

**Grandpop's Schedule** is as follows:

Date:	Location:	Show Time:
Tuesday December 8, 2022,	BrightView, Arlington.	2:00 PM.
Tuesday December 13, 2022,	Sancta Maria Hospital, Cambridge	2:00 PM.
Thursday December 15, 2022,	Belmont C.O.A. Belmont	1:30 pm.
Monday December 19, 2022,	Providence House, Brighton	2:30 pm

**Planned trips:** We need a chairman to lead the trip committee group for 2023. Please contact Peter Galluzzo if you're interested in leading this Club activity. John Conway and Dan Robichaud have joined the committee. The Trip Committee will have a meeting on Dec. 7 at 9:30 to plan trips for 2023. If you have a trip in mind, please email me at [pjgtaxes@yahoo.com](mailto:pjgtaxes@yahoo.com).

There are no more trips scheduled for 2022.



**Bob Hope U.S.O.** was very wonderful. Our trip director Bill Young can no longer complain about not getting Salmon for dinner. It was the best Salmon I have had East of the Mississippi. Also pictured above is your assistant secretary commiserating with the show cast members Marilyn Monroe and Ann Margret.

### **DUES ARE DUE!!**

Again, one of our goals is to increase our **membership**. Dues renewal letters for 2022-23 have been issued. Dues will remain at \$35. I have 1000 RMCA brochures printed and will be distributed to members to reach out to your friends, relatives, neighbors etc. If each of you brings in one new member, we can double our membership. As a result of the pandemic, many workers have decided to retire, and they are looking for something to do. If you know one, then sign them up as a new member and if they don't like what we offer then they do not have to pay or if they do pay their dues, they can ask for a refund. Attached in this newsletter and on our website is a membership card, so cut it out and give to your neighbor, relative, friend and meet and make new friends. Note that they do not have to be retired or from Arlington. Also, note that the membership application now contains a contact name and phone number in case of an emergency.

**Miscellaneous:**

**Get involved! You only get out of it what you put into it. Do nothing, get nothing.**

**RMCA Shirts:** some members inquired about shirts. We will take orders. We need minimum of 10 orders. Please provide John Conway or me with your name, phone number and shirt size. Cost of the shirts will be appx. \$25-30. They will be black in color with RMCA embroider in silver on the left chest.

**REMINDER:** When entering the hall between 9 -9:30, please use rear entrance and not the side entrance to the Church, as there is a daily Mass going on.

**ESTATE PLANNING:**

**Please note that the Club is a 501(C)(3) charitable tax-exempt organization so any donations to the Club are tax deductible on your tax return. The exemption certificate is posted on our website. New from the IRS is that you can take a distribution from your IRA as part of your Minimum Required Distribution and donate it to the Club and it will NOT be included in your taxable income. Please think about this option in your estate planning.**

**See you soon at a meeting!**

**Peter Galluzzo, RMCA President**

**RMCA OFFICERS 2022 - 2024**

OFFICER/COMM.	CURRENT HOLDER	PHONE
PRESIDENT	PETER GALLUZZO	781-646-7758
VICE PRESIDENT	PHIL STE. MARIE	781-894-6157
TREASURER	JOHN VIEIRA	781-249-0769
SECRETARY	TOM CORDIMA	781-325-3255
MEMBERSHIP	JOE DIBACCO	978-486-4395
ASST. TREASURER	JOHN BOUDREAU	781-858-3159
ASST. SECRETARY	JIM WHALEN	781-365-1784
ASST. MEMBERSHIP	CONNIE MURPHY	781-3961979

## RMCA MEMBERSHIP APPLICATION

January 1,2023 thru December 31,2023    DUES \$35.00    Renewal\_\_

Information\_\_

New\_\_

Name: \_\_\_\_\_MI\_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_State\_\_\_\_\_ Zip\_\_\_\_\_

Email Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_Phone\_\_\_\_\_

Cash Amount\_\_\_\_\_ Check #. \_\_\_\_\_ \$\_\_\_\_\_

Please mail application along with payment made to: **RMCA**

Mail to: **John Vieira, RMCA, P.O. Box 195, Arlington, MA 02476-0002**